

Interpreting NICE guidelines
flexibly in a prison setting: Oxleas
NHS Trust and Bradley Therapy
Service at HMP Swaleside

Aims and objectives of workshop:

Aims:

- To consider existing NICE guidelines specifically targeted for forensic settings
- To reflect on current practice at HMP Swaleside in relation to NICE guidelines

Objectives:

- To give participants an opportunity to compare and contrast our work with their own settings
- To share with fellow workshop members
- To reflect upon any learning which could be taken forward from the workshop

2018 surveillance of common mental health problems:
identification and pathways to care (NICE guideline CG123)

The NICE Pathway on [common mental health disorders](#) advises ***that local care pathways*** should be developed that promote access to services for people from a range of socially excluded groups ***including those in prison*** or in contact with the criminal justice system.

NICE guideline NG66 also covers the mental health of adults in contact with the criminal justice system.

NICE GUIDELINE NG66

March 2017

- Specifically addressed to those working in the criminal justice system
- Advocates a flexible, multi-disciplinary approach to working in forensic settings
- Recognises that the needs of those in prison will be different from users of service in the general community
- Allows for an approach tailored to suit local needs

HMP Swaleside Basic information

- Part of the Sheppey Cluster of 3 prisons
- HMP Elmley (mainly remand prisoners), HMP Standford Hill (for D category prisoners)
- HMP Swaleside Capacity : 1112 as of 3rd February 2010
- Accepts category B prisoners who are serving 4 years or more or should have at least 18 months left to serve.
- A main centre prison for prisoners in the first stage of their life sentence.
- Prisoners in the second stage of their life sentence also accepted.
- Total of 460 places for lifers.

Who we are and what we do

- Clinical manager
- Psychologists
- Assistant psychologists
- Lead Counsellor, counsellors
- STAR workers trained in CBT
- Emotional Well-being Mentors

Over to you !

Sharing of experiences

What we've learned

Plenary